



Speaking of Safety

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INSIDE THIS ISSUE

- 1 From the President's Desk
- 1 June is National Safety Month
- 2 Calendar of Events
- 2 Calling All Golfers!
- 3 Senate Bill 1066 – Improving Safety of Michigan's roads
- 4 NSC Statement on Hands-Only CPR
- 5 Safety Conference
- 5 Our Mission
- 5 Board of Directors

From the President's Desk

Plan and execute, plan and execute, plan and execute - that has been my mantra, my motto for the last year or so. Although on some days at the office I feel like I'm spinning my wheels on distractions, for the most part it takes solid planning and diligent execution to reach our goals. As I mentioned in last month's issue of Speaking of Safety, we have accomplished several of the strategic planning objectives that we have set forth, but we still have other goals to continue to work on in order to make the Safety Council for Southeast Michigan successful.

We all do a lot of planning when we are considering or working on something important - a wedding, buying a new car or house, a big project at work or at home, etc. We never plan on having an accident at work, at home, or on the road, but accidents do happen. What we can plan on is preventing accidents through education and training. That is part of the Safety Council's mission, "to provide the highest quality health and safety information, education, and training, for our members and the community". We can plan to limit our risk or exposure, or minimize our chances of becoming injured. Researching

Please see *From the President's Desk* on page 4



June is National Safety Month

Start making plans now for observing National Safety Month this June. An alarming increase in the amount of accidental deaths has spurred NSC to provide information on promoting safe and healthy behaviors for the workplace, at home, and on the road. The NSC has many opportunities for education and training in the works starting with Emergency Preparedness for week 1 of National Safety Month, June 2-6. One element of being prepared in an emergency is having the appropriate training to respond in the event of a severe accident or injury.

Accidents and severe illnesses happen, both on the job and off the job, and one specialized training that may be needed is the ability to perform CPR. Studies have shown that CPR/AED conducted within

Please see *National Safety Month* on page 3

CPR/AED
*conducted within
minutes of a heart
attack can double
the chances of
survival.*

Calendar of Events

Register today for these upcoming classes & seminars:

April 4, 2008 - DDC-4, 8:30 am, Safety Council Training Center

April 18, 2008 - DDC 8, 8:30 am, Safety Council Training Center

May 2, 2008 - DDC-4, 8:30 am, Safety Council Training Center

May 14-15, 2008 - OSHA-MIOSHA 10 Hour: General Industry, ESD

May 16, 2008 - DDC 8, 8:30 am, Safety Council Training Center

June 6, 2008 - DDC-4, 8:30 am, Safety Council Training Center

June 20, 2008 - DDC 8, 8:30 am, Safety Council Training Center

September 3, 2008 - Prevention Strategies for Electrical Hazards, 8:00 am, Safety Council Training Center

Mark your calendars and register for these upcoming expos & special events:

April 1 & 2 - Michigan Facilities Expo, Rock Financial Showplace, Novi

April 15 & 16, 2008 - Michigan Safety Conference, Lansing Center

July 16, 2008 - Safety Council Golf Outing, Tanglewood Golf Club, South Lyon

October 17, 2008 - Safety Council for Southeast Michigan Conference, Plymouth

Don't wait until an accident costs you too much. Register for training today. Registration for all classes and seminars ends five (5) business days before listed start date. Payment must be made in advance to complete the registration process. Download our registration form from www.safetycouncilsemi.org under the Calendar page or Classes page.

For a description of class offerings or to register for any class, please contact the Safety Council by phone or email and keep checking the website! Call 248-858-8830 or email us at info@safetycouncilsemi.org

Calling All Golfers!

Polish up the clubs and hit the driving range, it's time to get ready for the Safety Council's summer golf outing. On Wednesday, July 16, 2008, the Safety Council will host another great day of golf at the beautiful Tanglewood Golf Club in South Lyon. Mark July 16th on your calendar and start to line up the rest of your foursome. The Safety Council is filling goodie bags for each attendee and is starting to set aside great cash and gift prizes. This golf outing is one you don't want to miss!

The Safety Council is also seeking sponsors for this year's golf outing. For a \$100 donation, the Safety Council will post your company name/logo on a flag/sign at a tee, for \$200, we will post the name/logo on a flag/sign on a cart, and for \$300 we will post the name/logo on a sign at one of the three meals being offered during the day. All sponsors are thanked and mentioned in the bulletin handed out at the event and in post-event media. The Safety Council is a non-profit organization that exists on the generosity of our membership and sponsors. All proceeds from this event are earmarked for specialized training to be done at reduced rates or even FREE for special groups. Please go to the Safety Council website www.safetycouncilsemi.org to download the registration form today!

Senate Bill 1066 – Improving Safety on Michigan’s Roads

In early March, Michigan’s Senate Transportation Committee approved legislation giving drivers with a moving citation an alternative to points on their driver’s license. Sen. John Pappageorge – R-Troy was one of several Michigan legislators supporting this new legislation which will help make the roads safer for all Michigan residents.

According to Senate Bill 1066 (SB 1066), offenders will have the option on the citation to indicate a desire to take a Basic Driver Safety Course. The court would then determine the eligibility of the driver to take the course. The driver would not be able to take the course if the violation is a criminal offense, the violation was for careless driving (a 3 point civil infraction), the violation is a 4 point or higher violation, and other restrictions apply.

The court will notify the driver if they are eligible to complete the Basic Driver Safety course. Upon approval by the court, the driver will have 30 days to successfully complete the course and provide proof to the court. The driver’s points will then be waived upon payment of all fees and charges associated with the offense. The proposed \$100 charge for the course will be deposited into the “Basic Driver Improvement Course Fund” in the Treasury to allow the secretary of state to be reimbursed for its administrative costs.

This program has been successful in other states and will result with the highest risk drivers learning safer driving habits which will keep all of Michigan citizens safe on the roads. This legislation will improve overall traffic safety in the state of Michigan as well as create jobs. Please write your legislators and ask for their support of this bill.

National Safety Month from page 1

minutes of a heart attack can double the chance of survival. Get trained and be prepared to make a difference. The Safety Council can provide CPR/AED training at the jobsite or at our training center.

During Week 2 of National Safety Week, June 9-13, the NSC will offer additional information on Distracted Driving. Week 3, June 16-20, will be focused on Poison Prevention. Week 4, June 23-27, will include information on Falls Prevention. The NSC will wrap up National Safety Month on June 30 with tips for a safe 4th of July and summer safety.

Research shows that nearly 80% of accidents are caused by some sort of driver inattention or distraction. Cell phones, MP3 players, text messaging, eating and drinking behind the wheel are all major contributors to distraction. NSC and the Safety Council reminds everyone that safe driving is the first responsibility. This is especially important for those who spend most of the workday on the road. Sales representatives, product delivery or repair drivers, movers, and many others who work virtually on the road have an increased risk for accident and injury due to constant distractions and simply by being on the road more than the average driver. The Safety Council’s Defensive Driver program is an excellent course that offers ways of reducing the risk of accident and injury. Please contact the Safety Council for information on training opportunities for both CPR and Distracted Driving.

Go to www.NSC.org and visit the 2008 National Safety Month Planner’s Page for more information, activities, and products to help you Make a Difference. Contact the Safety Council for training and other ideas to help make National Safety Month a success.

NSC Statement on Hands-Only CPR

The National Safety Council utilizes CPR, First Aid, and AED training materials that follows the most current American Heart Association (AHA) Guidelines for CPR and Emergency Cardiovascular Care. The Safety Council for Southeast Michigan utilizes these materials in our CPR, First Aid, and AED training.

On March 31, 2008, AHA released an Advisory Statement "*Hands-Only CPR: a call to action for bystander response to adults who experience out-of-hospital sudden cardiac arrest*" in the journal *Circulation*. This statement further clarifies and elaborates the 2005 Guidelines for CPR and Emergency Cardiovascular Care. The purpose of this statement is to encourage the use of Hands-Only CPR by untrained bystanders and trained bystanders who are not confident that they can perform conventional CPR. The Advisory Statement does not change the guidelines for conventional CPR (30 compressions and 2 breaths) for adults whose sudden cardiac arrest is not witnessed, victims of drowning, and infants and children. The NSC's current CPR materials are technically correct. The Safety Council and NSC will continue to teach conventional CPR and will incorporate Hands-Only CPR in adult CPR instruction for lay rescuers. The materials published by NSC will soon be updated to reflect this new information. If you have any questions or would like to schedule CPR training for your company, please contact the Safety Council at 248-858-8830.

From the President's Desk from page 1

areas of risk on our jobsite, at home, or while we are driving and making plans to reduce those risks should be one of the most important tasks that we undertake. These Safety Plans and training should be at the top of our priority list too, and the diligent execution of a Safety Plan should limit or minimize the risk of injury or accident. Include the Safety Council as a resource, a library or tool, in your planning and execution. The Safety Council's experienced safety professionals can help you determine the risks on the jobsite, develop a Safety Plan to address those risks, and provide training to assist in the execution of the Safety Plan.

The National Safety Council (NSC) is currently working on great plans for this June's National Safety Month. "Make a Difference" is this year's theme and the NSC's activities will address the most significant reasons for unintentional injuries and deaths at the workplace, in the home, and on the road. NSC has chosen special topics for each week of June including Emergency Preparedness, Distracted Driving, Poisoning Prevention, and Falls Prevention. Visit NSC.org to sign up for tips and information so that you can participate in the NSC's 2008 National Safety Month observance. The Safety Council is also taking requests for specialized training during June. The Safety Council's trainers are available all month to provide training at your workplace in observance of National Safety Month.

If you have any special plans for National Safety Month, the Safety Council would like to hear about it and share it with our membership. Send us a letter with details regarding your activities. Plan to Make a Difference for yourself and your co-workers, plan to be safe.

*This June,
Make a
Difference
during
National
Safety Month*

Safety Conference – October 17, 2008

Michigan workers are what keeps this great state in motion and many unsafe conditions, work related injuries, and off-the-job injuries can be prevented with adequate training, knowledge, and tools. On October 17, 2008, the Safety Council will host a comprehensive safety conference for our membership, affiliate associations, local businesses, and members of our communities. The focus of this conference is to promote safety in the workplace, at home, and on the road.

This Safety Conference will include informative training sessions, exhibitors with products and technologies to improve safety conditions, networking opportunities, and the opportunity to obtain the tools and knowledge needed to keep yourself and your workers safe.

The Safety Council invites you to become an exhibitor, guest presenter, and guest at this important conference. Please contact the Safety Council for more information and registration forms.

Our Mission

The Safety Council for Southeast Michigan is a not-for-profit, public service organization. As the primary leader, our purpose is to provide the highest quality health and safety information, education, and training programs for our members and the community.

The Council's goal is to prevent injuries and illnesses, and property loss concerning every aspect of a person's life. This will be accomplished through open communication and networking by our organization with Council members and the community.

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