



Speaking of Safety

April - May 2009
Volume 08 Issue 6

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From the President's Desk

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The Safety Council for Southeast Michigan understands that a business must be flexible and creative to meet the new needs and demands in this challenging economy. Although many companies are down-sizing or tightening budgets, the safety training requirements must still be met either with or without an inside expert. The Safety Council has a network of experts in the health and safety industry that provides comprehensive training and auditing opportunities to our membership and the community. The Safety Council's experienced trainers can help develop and supplement any corporate health and safety program by providing the necessary training at a reduced cost. Check out the enclosed Safety Council training calendar for our public training opportunities and reference the website often at www.safetycouncilsemi.org. Be sure to contact the Safety Council if your employees are in need of a specialized training or annual training that the Safety Council can bring to the workplace or jobsite. The Safety Council can work with any budget to keep Michigan's companies working safely and without violation of State and Federal health and safety regulations.

Mark the calendar for April 7th World Health Day, May 4-10 is North American Occupational Safety & Health Week, and the month of June is National Safety Month. Use these special dates to tailor brown-bag safety training for your colleagues or contact the Safety Council to provide the specialized service of customized training. Safe and healthy employees are sure ways to improve productivity. Reward employees for days without safety incidents and for finding ways to improve the safety at the workplace.

The Safety Council is also preparing for National Safety Month. This year, the National Safety Council (NSC) has organized four new weekly themes as follows: Teen Driving, Fall Prevention at Work and Home, Overexertion at Work and Home, and Distracted Driving. Start planning monthly activities now to highlight these important safety themes at the workplace and in the community. Order training materials, posters, and other items from the NSC soon to ensure the items arrive in time for National Safety Month. Place your orders online by going to www.safetycouncilsemi.org and clicking on the link to the NSC website or call the NSC Customer Service line at 800-621-7619.

The Safety Council understands that the current economy is taxing the budgets and the patience of Michigan's companies. The Safety Council would like to help Michigan's workers stay safe on the job, at home, and on the road by offering quality safety training at the lowest possible price. Safety can't ever take a back seat, so please contact the Safety Council to see how we can help.

Calendar of Events

Register today for these upcoming classes & seminars:

April 7-8, 2009 - Michigan Safety Conference, DeVos Place, Grand Rapids

April 10, 2009 - DDC-4, 8:30 am, Safety Council Training Center

April 17, 2009 - DDC 8, 8:30 am, Safety Council Training Center

May 5, 2009 - ESD Energy Conference & Exposition, Rock Financial Showplace, Novi

May 7, 2009 - Supervisor's Role in Safety & Health, Safety Council Training Center

May 8, 2009 - DDC-4, 8:30 am, Safety Council Training Center

May 15, 2009 - DDC 8, 8:30 am, Safety Council Training Center

August 5, 2009 - Safety Council Golf Outing, 7:00 am, St. John's Inn, Plymouth



The Safety Council's scheduled training classes take place at the Safety Council Training Center in Bloomfield Hills, unless otherwise noted. The Safety Council is also able to take our training on the road. Contact the Safety Council to discuss hosting a training opportunity at the job site. The Safety Council's experienced trainers customize classes to address the specific needs of the of the company or job functions requiring the training. In addition, since the Safety Council is a non-profit organization, class prices meet the most stringent budgets. Proper safety training is a simple way to improve the bottom line. Safe employees and job sites equals less workman's compensation claims, days off work, and actually improves productivity. Any formula for success includes a safe workplace.

Don't wait until an accident costs you too much. Register for training today. Registration for all classes and seminars ends five (5) business days before listed start date. Payment must be made in advance to complete the registration process. Download our registration form from www.safetycouncilsemi.org under the Calendar page or Classes page.

For a description of class offerings or to register for any class, please contact the Safety Council by phone or email and keep checking the website! Call 248-858-8830 or email us at info@safetycouncilsemi.org.

In the Spotlight – CPR & First Aid Training

The Safety Council has been very busy this spring conducting CPR and First Aid courses to our membership and the community. The Safety Council receives requests on a regular basis to provide this training at the workplace for employees and we are branching out to Michigan's Educational professionals - teachers and daycare centers - as well. Knowing how to respond in an emergency can be one of the most important skills that a person could possess.

The Safety Council's certified CPR trainers utilize the latest skills, techniques, and expertise in teaching this course which meets OSHA requirements. Each attendee receives a textbook to take home and undergoes comprehensive instruction on performing CPR. In addition, each attendee practices and performs the skill on mannequins to the satisfaction of the instructor. A written test and demonstration of the skills are required to pass the course. The course materials and the instructor make this important task easy to complete.

Also included in the CPR and First Aid training is a lesson on the use of an Automatic External Defibrillator or AED. AED units can be found in many public places from shopping centers, office buildings, churches, and restaurants. Although AEDs are all around, few are comfortable using one in an emergency which could be at the cost of someone's life. The Safety Council's CPR and First Aid training courses are an inexpensive way to be ready and confident to response in an emergency. Please contact the Safety Council to schedule CPR and First Aid training at your workplace.

June is National Safety Month

The Safety Council, in conjunction with the National Safety Council, has designated the month of June to recognize the importance of safety in all aspects of everyday life. Celebrating National Safety Month is a way to build awareness of safety issues and the very simple steps each person can take to reduce or eliminate the risk of injury. National Safety Month focuses on different aspects of safety - on the job, at home, and on the road - and it offers important reminders for us all.

Unintentional injuries are the fifth-leading cause of death in the U.S. and claimed 120,000 lives in 2007. Unintentional injuries also cost our nation \$684.4 billion in lost productivity, health care and related expenses. This June, NSC has developed a special series of information and events that will focus on the primary causes of unintentional death and injuries:

- **Teen Driving, June 1-5.** Traffic crashes are the leading cause of teen fatalities in the U.S., accounting for 38 percent of all teen deaths. In 2007, 5,100 crashes involved drivers ages 16-19.
- **Falls Prevention, June 8-12.** Falls are the leading cause of nonfatal injuries for most age groups. Among Americans age 73 and older, falls are the leading cause of unintentional death. In 2007, 21,700 people died from falls.
- **Overexertion, June 15-19.** Back strain and other forms of overexertion are a leading cause of workplace injuries, responsible for nearly 3.5 million injuries every year.
- **Distracted Driving, June 22-26.** Driver inattention is a factor in about 80 percent of all collisions. Cell phone use is major source of distracted driving. It is estimated that cell phone use contributes to 636,000 crashes and 2,600 deaths each year.



These four weekly themes can be used in brownbag lunch training sessions or in longer, specialized training sessions at the workplace. Each topic is important in and of itself and deserves special consideration. Posters and supplemental information can be purchased by going to NSC.org or by calling NSC's customer service at 800-621-7615. Please also contact the Safety Council to utilize any of our experienced trainers to customize a special training session for your workplace.

The Safety Council and the NSC are on a mission to save lives and National Safety Month is one of the ways in which we are able to educate the public about safety risks and behavior changes that can help protect them. The added support of our membership and community leaders will further help to get the word out and make a difference to Michigan citizens. We urge our community's residents and employers to participate in observing National Safety Month at the workplace this June.

NEW Training Opportunities

Over the years, the Safety Council has received requests for elements of a specialized training commonly required by many of Michigan's companies - Hazardous Materials Training (HAZMAT), Hazardous Communications Training (HAZCOM), and Hazardous Waste Operations and Emergency Response Training (HAZWOPER). The Safety Council has offered various elements of these specialized programs in many different settings, but have not recently had the opportunity to offer these comprehensive, stand-alone courses.

The Safety Council's network of experienced instructors includes a trainer with an extensive background in these training programs. Mr. Rich Mahaney has worked with the Michigan Safety Conference and the Safety Council in years past and has more than 35 years of experience in corporate loss prevention, emergency response, emergency planning and management, training, and consulting.

Mr. Mahaney is currently working with the Safety Council on a number of new training opportunities and projects. The first series of training is focused on the OSHA standards which include:

- Classroom or hands-on fire extinguisher training, OSHA 1910.157, MIOSHA Part 10
- Incipient fire brigade training; OSHA 1910.156, MIOSHA Part 73
- Fire prevention planning and training; OSHA 1910.39
- Emergency action plans; OSHA 1910.38
- Hazard communications training; OSHA 1910.1200, MIOSHA Part 92
- Hazardous materials emergency response training at the awareness, operations and/or technician level, incident command for hazmat incidents can also be taught; OSHA 1910.120, MIOSHA Part 432
- Emergency exercises and drills related to the above topics

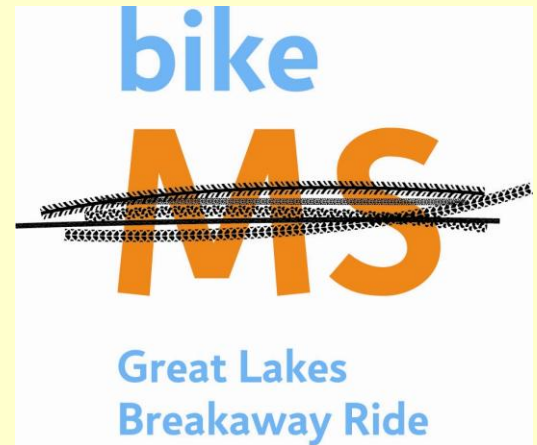


- Safety meeting presentations
- Training can also be done to improve the knowledge and skills of your trainers
- Other areas where you need training assistance related to other OSHA or MIOSHA standards

As with all of the Safety Council's training programs, Mr. Mahaney can provide these training services at the Safety Council Training Center or at the jobsite. Training is customized to meet the needs and address the specific concerns of each company. In addition, the Safety Council's training costs are able to meet nearly every budget because of our non-profit status. Incorporate safety and training into the workplace before a violation or a workplace injury forces the issue. Please contact the Safety Council 248-858-8830 to discuss training needs and opportunities at your company today.

Bike MS, Great Lakes Breakway Ride

Multiple sclerosis interrupts the flow of information from the brain to the body and stops people from moving. Every hour in the United States, someone is newly diagnosed with MS, an unpredictable, often disabling disease of the central nervous system. Symptoms range from numbness and tingling to blindness and paralysis. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatment are moving us closer to a world free of MS. Most people with MS are diagnosed between the ages of 20 and 50, with more than twice as many women as men being diagnosed with the disease. MS affects more than 400,000 people in the U.S., and 2.5 million worldwide. More than 18,000 have been diagnosed with this disease in Michigan.



The National MS Society, Michigan Chapter will be hosting its annual Bike MS Ride, Great Lakes Breakaway in order to raise funds to create a world free of MS! The West Michigan Bike MS Ride will start and finish at Holland High School and takes place the weekend of June 13th and 14th. The overnight is located at Hope College. The Mid Michigan Bike MS Ride starts at Lake Fenton High School on July 11th and the cyclists will ride up to 100 miles to the overnight location at MSU in East Lansing, MI. On July 12th the cyclists will turn back for the ride to Linden and to a finish line celebration with festivities, food and fun!

The Safety Council of Southeast Michigan would like volunteers to help with intersection safety along the 100 mile bike route at our Mid Michigan Bike MS Ride. Bike MS events are well known for their route support and we want to make the event as safe as possible for our riders, especially at the most dangerous intersections and areas of the route! The 100 mile route runs from Linden to MSU and is a two day event. Safety Assistance volunteers receive free t-shirts, meals and overnight accommodations. We guarantee you will feel rewarded and part of a larger movement that wants to end MS forever!

The deadline for registration is July 1st, 2009. If you are interested in riding or becoming a Safety Assistance volunteer, or would like more information please visit the National MS Society web site at www.nationalMSSociety.org/mig, call Liz at 248-936-0372 or email volunteer@mig.nmss.org. Thank you for your support!

Article and MS Logo provided by National MS Society, Michigan Chapter

Safety Council Golf Outing

Mark your calendars today to attend the Safety Council's Annual Golf Outing on August 5, 2009 at the Inn at St. John's in Plymouth. The prices and contests have remained the same, only the venue has changed. Breakfast, lunch and dinner are included in the \$99 price, as well as golf carts for each foursome. Registration starts at 7:00 am and the driving range will be available until the shotgun start at 9:00 am. Bring extra cash for mulligans and enjoy the 50/50 raffle and silent auction. There will be prizes and putting contests too! The Safety Council is looking for sponsorships again too, so please contact us to see your name on a flag on the green or cart or near the meals. The registration form and additional details will be added to the Safety Council website at www.safetycouncilsemi.org as they are arranged. We hope to see you again this year and look forward to seeing many new faces too!

Supervisor's Role Training

On May 7, 2009, the Safety Council will host Karen O'Dell, Senior Occupation Safety Consultant for MIOSHA, CET Division, who will conduct a training session titled "Supervisor's Role...In Safety and Health" at the Safety Council's training center. At this full-day seminar, participants will learn about a supervisor's major duties and responsibilities, how to integrate these duties for safety and health, how to recognize workplace hazards and make corrective actions, how to identify job specific training, conduct a self-inspection, and how to conduct an accident investigation and complete the associated paperwork.

This course is ideal for both General Industry and Construction supervisors, safety and health committee members, and management personnel. Using the MIOSHA General Industry and Construction standards, attendees are offered the tools and information to improve safety and health hazard recognition skills.

Register for this course early to ensure your seat by visiting the Safety Council's website at www.safetycouncilsemi.org and download the MIOSHA registration form found on the Event Calendar page or contact the Safety Council at 248-858-8830.

Our Mission

The Safety Council for Southeast Michigan is a not-for-profit, public service organization. As the primary leader, our purpose is to provide the highest quality health and safety information, education, and training programs for our members and the community.

The Council's goal is to prevent injuries and illnesses, and property loss concerning every aspect of a person's life. This will be accomplished through open communication and networking by our organization with Council members and the community.

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