



Speaking of Safety

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From the President's Desk

All of us at the Safety Council would like to thank everyone who attended and visited us at the Michigan Safety Conference. We hope you collected valuable information to share with colleagues and were able to develop networking opportunities. The Safety Council enjoyed speaking with so many of Michigan's business representatives and wish continued success to all Michigan's businesses.

Be sure to sign up for the Safety Council's annual golf outing which will be held at the Inn at St. John's on August 11, 2010. Schedule yourself out and enjoy a great day of golf. The Safety Council is looking for sponsors as well as golfers, so be sure to sign up soon!

As we get into the summer months, home safety becomes more important. Whether working on home improvement projects or taking the family to the beach, it is important to remember safety first. We have provided some valuable information for making your summer safe as well as fun!

The Safety Council is a non-profit organization that relies on the support of our membership. If a board of director seat is not for you, please consider volunteering your time or talent in other manners. Thank you for your continued support.

Yours in Safety,
Jack Mihalko, MA
President/CEO

Calendar of Events

Register today for these upcoming classes & seminars:

June 11, 2010 -DDC-4, 8:30 am, Safety Council Training Center

June 18, 2010 - DDC 8, 8:30 am, Safety Council Training Center

July 9, 2010 - DDC-4, 8:30 am, Safety Council Training Center

July 16, 2010 - DDC 8, 8:30 am, Safety Council Training Center

August 11, 2010 - Annual Golf Outing, Inn at St. John's, Plymouth



The Safety Council's scheduled training classes take place at the Safety Council Training Center in Bloomfield Hills, unless otherwise noted. The Safety Council is also able to take our training on the road. Contact the Safety Council to discuss hosting a training opportunity at the job site. The Safety Council's experienced trainers customize classes to address the specific needs of the of the company or job functions requiring the training. In addition, since the Safety Council is a non-profit organization, class prices meet the most stringent budgets. Proper safety training is a simple way to improve the bottom line. Safe employees and job sites equals less workman's compensation claims, days off work, and actually improves productivity. Any formula for success includes a safe workplace.

Don't wait until an accident costs you too much. Register for training today. Registration for all classes and seminars ends five (5) business days before listed start date. Payment must be made in advance to complete the registration process. Download our registration form from www.safetycouncilsemi.org under the Events Calendar page or Classes page.

For a description of class offerings or to register for any class, please contact the Safety Council by phone or email and keep checking the website! Call 248-858-8830 or email us at info@safetycouncilsemi.org.

Annual Golf Outing

Register your foursome day for the Safety Council's Annual Golf outing! The Safety Council is returning to the beautiful Inn at St. John's for our annual summer golf outing on Wednesday, August 11, 2010. Enjoy a great day of golf and fun while helping to keep people safe at work, at home, and on the road.

Proceeds from this event will be earmarked for several important projects that the Safety Council is working on this year. One program that the Safety Council is planning to release is a Safe Driving Program for Michigan's small businesses. Many businesses require some level of travel for sales, repair services, or other client meetings and support. Businesses may not have a safe driving element to the corporate safety plan. As the news reports often, accidents and fatalities occur when drivers are texting and talking on cell phones. Help us keep Michigan drivers and employee safe by attending or offering a sponsorship for our golf outing.

The company sponsorships include different benefits for \$100, \$200, \$300 and \$500 donations. Sponsors may enjoy a flag on the tee or cart, advertisements near the meal locations, and/or advertisements in our newsletter, plus two free golfers. Contact the Safety Council to register your golfers or offer a sponsorship today!

In the Spotlight – Summer Safety

Summers are filled with vacations, home improvement projects, afternoons swimming in pools or at the beach, and many other fun events for families to enjoy. Unfortunately, accidents still happen even in the summer. Make it a point this summer to put safety first when working at home and on vacation.

Heat Exposure

Spending time in the sun is fun, however limit overexposure. Too much sun can result in sunburn, heat rash, heat exhaustion, heat stroke, and serious dehydration. Be sure to wear sunscreen and reapply it often, particularly when swimming or sweating. Avoid working outside during the hottest parts of the day, between 10am and 2pm. Drink more water than usual, once you feel thirsty, dehydration has already begun.

Playground Safety

The National Safety Council reports that over 200,000 children visit emergency rooms due to accidents on the playground. Approximately 79% of the injuries are due to falls to the ground. Look for wood chips, pea gravel, sand and other cushioning under the equipment. Grass is not cushioning for falls. Look for guard rails on elevated portions of equipment. Inspect for exposed bolts, sharp edges, and other dangerous hardware. Soft swings are appropriate for older children while full bucket swings are safer for younger children. Half-bucket swings are dangerous because small children can slide out easily. A common hazard with slides are drawstrings on clothing that can be caught on the slide when the child is trying to slide down. Steps should also have traction and there should be a bar at the top of the slide to prevent children from tumbling down the slide. Always supervise children on the playground.

Swimming Safety

Children four years of age and younger represent the highest risk age group for drowning. Most drowning and near-drowning accidents occur when a child falls into a pool or in the bathtub. Never leave a child unattended near any water - bathtub, pool, beach, hot tub, and even toilets and buckets present drowning hazards. Enrolling children in swimming lessons can be a valuable precaution in preventing drowning, but swimmers are not drown-proof. Rivers and lakes can have undertows and other hidden water hazards. Swim with buddies and never dive into unknown bodies of water. Jump feet first into shallow or unknown depths. Obey posted signs at swimming pools and water parks. Wear personal flotation devices when on a boat and do not consume alcohol when operating a boat or swimming.

Home Improvement Projects

Taking safety precautions are just as important when working on projects at the home as they are at work. Safety glasses, gloves, and other personal protective equipment should be worn when working with many power and other tools. Using ladders safely when cleaning gutters and windows is also important. Never step on the top step of the ladder or where noted on the ladder. Don't use tools or extension cords if the cords are frayed or exposed. Do not leave tools plugged in and unattended.

Exercise a little extra caution throughout the summer. Pay attention to potential safety hazards whether working or playing and stay out of the emergency room. Enjoy the summer!

June is National Safety Month

Each June the National Safety Council prepares special information and activities to share with the membership and the community to celebrate National Safety Month. Take advantage of this opportunity to share crucial safety information with your colleagues and employees and celebrate the importance of safety in the workplace.

This year, the National Safety Council has planned the following themes:

Week 1, June 1-6: Prescription Drug Overdose Prevention

Week 2, June 7-13: Teen Driving Safety

Week 3, June 14-20: Preventing Overexertion at Work and at Home

Week 4, June 21-27: Dangers of Cell Phone Use While Driving

Week 5, June 28-30: Summer Safety

Visit www.NSC.org for information, activities, sponsorship information, and more to help kick off your own National Safety Month. Use this month to promote safety issues, training, and celebrate safety in the work place. Contact the Safety Council if you have any questions or want more ideas to support safety in the workplace.

Our Mission

The Safety Council for Southeast Michigan is a not-for-profit, public service organization. As the primary leader, our purpose is to provide the highest quality health and safety information, education, and training programs for our members and the community.

The Council's goal is to prevent injuries and illnesses, and property loss concerning every aspect of a person's life. This will be accomplished through open communication and networking by our organization with Council members and the community.

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