



Speaking of Safety

February – March 2009
Volume 08 Issue 6

Safety Council for Southeast Michigan, 43636 Woodward Ave., Suite 100A,
Bloomfield Hills, Michigan 48302
www.safetycouncilsemi.org info@safetycouncilsemi.org 248-858-8830

From the President's Desk

INSIDE THIS ISSUE

- 1 From the President's Desk
- 2 Calendar of Events
- 2 Upcoming Conferences
- 3 National Heart Month
- 3 MIOSHA Recordkeeping
- 4 National Poison Prevention Week
- 5 New Executive Board
- 5 Our Mission
- 5 Board of Directors

Drive safe and arrive safe. That sounds so simple, but many drivers allow too many distractions into the vehicle which diminishes the focus on the act of driving. Phone calls, texting, eating, reading maps, and other common activities can be distracting enough to cause a vehicle crash or near miss. The Safety Council strongly encourages drivers to refrain from using cell phones, including hands-free phone devices, and from text messaging while driving. Complete focus on the task of driving is crucial to remaining safe on the road and arriving safely to the destination.

The Safety Council is pleased to announce that Senate Bill 1066 was passed into law in December 2008. This new legislation will allow a driver with a driving infraction an opportunity to have the points that would be assigned to the license waived upon successful completion of a Basic Driver Safety Course and payment of all fees associated with the driving offense. Not all driving infractions are eligible for this program. The Safety Council's DDC courses are approved for this program.

Michigan's implementation date will be December 31, 2010 which will allow the Secretary of State two years to prepare to administer this program. In the interim, the Safety Council will be contacting local courts to assist them with the implementation of this new program. This new legislation will improve the overall traffic safety as well as create jobs. SB1066 will get the highest risk drivers into a one-day Basis Driver Safety Course which will teach them safer driving habits. This program will help keep ALL of Michigan citizens safe on the roads.

In addition to keeping the general public safe on the road, the Safety Council believes that driver's safety is an important element in a comprehensive safety program at any business. Whether a fleet driver or a sales associate off to meet a client, driving safely and arriving safely is the goal. The Safety Council anticipates that businesses will continue to contact the Safety Council to provide DDC training for their employees. The Safety Council continues to offer defensive driving courses twice each month and can bring DDC training to any job-site. Please contact the Safety Council office or visit our website for additional details regarding this important safety program.

Yours in Safety,

Jack Mihalko, MA
President/CEO

Calendar of Events

Register today for these upcoming classes & seminars:

February 11, 2009 - When MIOSHA Enforcement Visits, 8:30 am, Safety Council Training Center

February 13, 2009 - DDC-4, 8:30 am, Safety Council Training Center

February 20, 2009 - DDC 8, 8:30 am, Safety Council Training Center

March 13, 2009 - DDC-4, 8:30 am, Safety Council Training Center

March 18-19, 2009 - Michigan Facilities Expo, Rock Financial Showplace

March 20, 2009 - DDC 8, 8:30 am, Safety Council Training Center



The Safety Council's scheduled training classes take place at the Safety Council Training Center in Bloomfield Hills, unless otherwise noted. The Safety Council is also able to take our training on the road. Contact the Safety Council to discuss hosting a training opportunity at the job site. The Safety Council's experienced trainers customize classes to address the specific needs of the of the company or job functions requiring the training. In addition, since the Safety Council is a non-profit organization, class prices meet the most stringent budgets. Proper safety training is a simple way to improve the bottom line. Safe employees and job sites equals less workman's compensation claims, days off work, and actually improves productivity. Any formula for success includes a safe workplace.

Don't wait until an accident costs you too much. Register for training today. Registration for all classes and seminars ends five (5) business days before listed start date. Payment must be made in advance to complete the registration process. Download our registration form from www.safetycouncilsemi.org under the Calendar page or Classes page.

For a description of class offerings or to register for any class, please contact the Safety Council by phone or email and keep checking the website! Call 248-858-8830 or email us at info@safetycouncilsemi.org.

Upcoming Conferences

The Safety Council's mission is to provide quality health and safety information to our membership and the community. In support of this important task, the Safety Council attends several local and statewide conferences. Representatives of the Safety Council can be found at the following conferences:

- **Michigan Facilities Expo**, March 18-19, 2009 at the Rock Financial Showplace in Novi. The Michigan Facilities Expo focuses on building engineering, management, and operations. This year, Managing Green Buildings and green solutions will be seen in the exhibitors and training sessions.
- **Michigan Safety Conference**, April 7-8, 2009 at the DeVos Place in Grand Rapids. Each year over 3,000 attendees visit the 200 exhibitors and attend 120 training sessions at the Michigan Safety Conference. With a focus on reducing workplace injuries, this conference attracts one of the most highest attendance ratings in the nation.
- **ESD Energy Conference & Exhibition**, May 5, 2009 at the Rock Financial Showplace in Novi. At the ESD Energy Conference, attendees will learn how to save energy while increasing productivity, and how to be financially responsible in the process. See how other companies have made their facilities energy efficient.

Each of these important conference events will showcase companies, technologies, and products to a various sectors of Michigan's businesses. Safety is important to all industries which is why the Safety Council strives to attend these events. Register to attend these events to network with colleagues in the field, obtain the most current information and technologies, and gain insight on how to continuously improve safety and productivity. Information and training are key to the vital success of any company. Visit the Safety Council's website, www.safetycouncilsemi.org, and click on Current Events for more information and links to these conference websites.

National Heart Month

February is National Heart Month and the perfect time to schedule CPR class for co-workers and for family. Cardiopulmonary resuscitation is the best safety training to have when seconds count. CPR can make a big difference, doubling the chances that a co-worker, friend, family member, or even a stranger will survive a sudden cardiac arrest.

Last year the American Heart Association introduced a new level of CPR training whereby a bystander can perform the hands-only chest compressions on a cardiac arrest victim. This hands-only procedure encourages untrained bystanders to give life-saving aid to a stranger when rescuers cannot or will not perform the rescue breaths. These new guidelines work best for someone who might be hesitant to help a stranger and both the new guidelines, as well as traditional CPR, are invaluable for the home. The American Heart Association reports that nearly 75 to 80 percent of cardiac arrests occur in the home. Being trained in CPR can mean all the difference between the life and death of a loved one.

This hands-only approach does not completely replace traditional CPR procedure which includes the alternating use of the hands to perform chest compressions and mouth-to-mouth breaths into the victim's airway. Each year more than 300,000 Americans experience sudden cardiac arrest and about 95 percent of victims die before reaching the hospital. If more people knew CPR, more lives could be saved.

Coronary heart disease is the single major cause of death in the US. The American Heart Association recommends a heart-healthy lifestyle which includes avoiding tobacco products, limiting stress, and monitoring cholesterol and blood pressure with your doctor. Choosing better nutrition and becoming more active will help fight cardiovascular disease and can even reverse some damage. Maintaining a healthy weight, eating properly, and introducing more physical activities into a normal day are great ways to make a difference in heart health. Something is better than nothing, and starting with the smallest steps toward a healthier lifestyle will make a difference.

Start off a heart-healthy program by contacting the Safety Council to provide CPR training at the work place for co-workers and family. The Safety Council's trainers can provide CPR training in any conference room or lunch room or at the Safety Council training center. Be prepared to make a difference in an emergency situation. Get CPR certified today.

MIOSHA Recordkeeping

In January the Safety Council hosted a MIOSHA Recordkeeping class taught by our experienced trainer, Mike Everett, retired MIOSHA Consultant. This special workshop was developed to help employers insure that their organization complies with the MIOSHA recordkeeping requirements. Recordkeeping is an important part of a company's total safety and health plan. Conscientious and detailed records are a valuable tool for the employer or employees to help recognize patterns of accidents or illnesses, and most importantly, to take preventive actions for a safer and healthier workplace.

Attendees discussed MIOSHA Part 11: Recording and Reporting of Occupational Injuries and Illness Standard; procedures for completing the MIOSHA form 300, form 301, and form 300A; and identified key points that must be considered in determining work-relatedness, classification of injury and illnesses, and recordability.

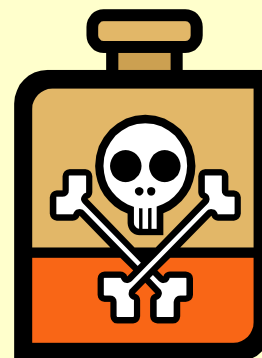
If you missed this important course, contact the Safety Council for information and clarification. It's not too late to post MIOSHA 300A Summary Form and maintain compliance with this important standard.

National Poison Prevention Week

The U.S. Congress established National Poison Prevention Week in 1961 and the Poison Prevention Week Council was later created with the mission to promote poison prevention. The third week in March is designated for National Poison Prevention Week, this year it will fall between March 15-21, 2009. Use this time to highlight the dangers of poisonings and how to prevent them.

The Poison Prevention Week Council reports that more than 2 million poisonings are reported to the 61 Poison Control Centers across the country each year. More than 90 percent of the poisonings occur in the home and the majority of non-fatal poisonings occur in children under the age of six. However, according to the National Safety Council, with an 80 percent increase from 2001 through 2006, poisoning is the fastest-rising cause of accidental death of adults in the US.

Poisonings from the use of over-the-counter, prescription, and illicit drugs are to blame for the recent increase in unintentional poisoning deaths in adults. Drug-related poisonings are reportedly due to overdose or misuse of opioid analgesics frequently prescribed to treat chronic pain, such as oxycodone, methadone, hydrocodone, fentanyl and buprenorphine. Clearly education and awareness is needed to protect both children and adults from accidental poisonings.



What to do and where to start? To protect children, poison proof the home by going room to room looking for potential hazards. Literally get down to the children's level and look for all cosmetics, perfumes, cleaning chemicals, laundry detergents, soaps, and medicines. Look for craft supplies, like paints and glues, office supplies, and batteries and make sure they are also out of reach and secured. Each of these types of items should not only be out of the reach of children, but also locked in child-safe cabinets and in child-safe containers. Make sure poisonous plants are also out of reach of children. Never store chemicals in containers that are unlabeled or not originally meant to store these chemicals. For example, antifreeze and blue ammonia cleaners closely resemble children's fruit drinks. Even medicines, such as small, red decongestant pills and aspirins closely resemble candy-coated chocolates. Young children will not be able to tell the difference between a poisonous substance and a child's drink or candy.

To protect adults, as well as children, all medicines should be properly labeled, stored in their original containers, and locked up - not stored in kitchen cabinets or unlocked bathroom cabinets. Keep medicines in original containers with clearly printed dosage instructions. Read each bottle thoroughly when administering medicines. Accidental overdose or misuse can occur when a medicine is dispensed without reading dosage instructions or when provided in a tired state. Expired medicines should be disposed of properly. All medicine records should also be listed in one location and include product name, concentration, and dosage instructions. This information should be provided to each doctor and pharmacist so that accidental overdosing and unintended drug interactions can be prevented.

Lead-based paint and carbon monoxide are also common poisons. Have paint tested if living in a home built before the 1970's and install a carbon monoxide detector. Keep the furnace and wood-burning stoves in good working order.

Know what to do and have a plan in the event of an emergency. Keep the number for the nationwide Poison Control Center (1-800-222-1222), the family doctor, and hospital phone number posted near the phone. Having the original container and label will be important if a paramedic or doctor is needed.

For more information about Poison Prevention Week and for tools and information to use at the workplace or at home, please visit www.nsc.org and www.poisonprevention.org. Contact the Safety Council for additional information and suggestions for making Poison Prevention Week a success.

New Executive Board

The Safety Council staff and board of directors are working tirelessly to streamline and improve the operations and services of the Safety Council. As a part of this continuous improvement process, the By-Laws have been updated and the Executive Committee has been changed. Please welcome our new Chairman, Alan Pangburn, a long time supporter and active board member of the Safety Council. Edward Nuttmann has relinquished the Treasurer position to Gary Brown, board member, and has taken on the Vice-Chairman role. Ellen Lackey, Secretary, has embarked on a new opportunity out-of-state and her position is currently open. As the Executive Committee is made of up only the Chairman, Vice-Chair, and Secretary, two untitled members were nominated to support the Executive Committee and they include Rick Venet and Richard Zanetti. These new roles will surely generate new ideas and creative ways that the Safety Council can continue to provide quality health and safety information and education to our membership and the community.

Our membership is top priority to the Safety Council staff and board. The Safety Council strives to serve our membership by providing relevant and helpful safety training and related services at the lowest price possible. The Safety Council staff and board are here to serve our membership and our communities. Please contact the Safety Council to inquire about training services, auditing services, or other assistance to help keep you safe on the job, on the road, and at home.

Our Mission

The Safety Council for Southeast Michigan is a not-for-profit, public service organization. As the primary leader, our purpose is to provide the highest quality health and safety information, education, and training programs for our members and the community.

The Council's goal is to prevent injuries and illnesses, and property loss concerning every aspect of a person's life. This will be accomplished through open communication and networking by our organization with Council members and the community.

Board of Directors

Executive Committee

Alan Pangburn, Chairman, DRS Technologies,
Walsh College

Unoccupied, Secretary

J.R. Zanetti, Zanetti, John & Brown, P.C.

Edward Nuttmann, Vice-Chairman, Performance
Dynamics

Rick Venet, ROI Strategic Business Solutions, LLC

Board Members

Thomas Bradburn, GM Retired

Robert Chandler, City of Detroit

Michael Everett, Past Chairman

David Griswack, MI Autodealers Self Ins.

Marie Iannetta, A&R Packing

Roger Merlo, Safety Council Trainer

Lisa Morrison-Bowles, Midwest Health Services

Edward Ratzenberger, CSP, Ambassador

Renee Roberts, UPS, Health & Safety Manager

Rick Venet, ROI Strategic Business Solutions, LLC

Gary Brown, Treasurer, Brown Out Electric

Jennifer Clark-Denson, MIOSHA

Jim Flynn, Amerisure

Darryl Hill, CSP, ABB

Dave Maloney, CGS Safety Training

Jack Mihalko, MA, President

William Pasquale, PhD, ASP

George Reamer, CSP, MIcon Retired

Ron Sayre, Ford Motor Company, Ret.

J.R. Zanetti, Zanetti, John & Brown, P.C.